

# What is Total Consecration?



St. Louis de Montfort left a wonderful gift to Catholics who wish to better serve Jesus and the Holy Trinity. His gift is the Total Consecration to Jesus through Mary because it is giving oneself, fully and completely to God, without conditions, without strings, without reservation. We are giving back to God, freely of our own will, the very gift of our life. It is truly our ultimate possession which we recognize fully as a gift from God, our Father. We in turn return this gift, in total surrender to the will of our Father, to be used daily for His purpose. This also includes the surrendering of all of our sufferings, thoughts, words and deeds to Mary so she may take them, care for them and distribute them in accordance with the will of her Son and for His greater glory.

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It is a spiritual devotion developed by St. Louis de Montfort under the inspiration of the Holy Spirit to bring souls to a perfect imitation of Christ by imitating His Mother. This Consecration or Entrustment is accomplished through a 33 day exercise of prayer (about 5-10 minutes per day) under His Mother's care. Total Consecration is the renewal of our Baptismal vows, which in most cases were made on our behalf by parents and godparents, but instead we now choose to make this commitment of our own free will.

Pope Benedict XVI and Pope John Paul II have urged Catholics to make this Act of Entrustment, which God highlighted at Fatima, with Our Mother's plea: "God wishes to establish devotion to my Immaculate Heart and promises salvation to those who embrace it."