

1st Sorrowful Mystery—The Agony in the Garden and we pray for the fruit of the mystery—
sorrow for our sins



Our Father...

1. Then Jesus went with them to a place called Gethsemani...and he began to experience sorrow and distress.(Mt. 26: 36-37) - **Hail Mary...**
2. Then he said to them, "My heart is nearly broken with sorrow. Remain here and stay awake with me."(Mt. 26: 38) - **Hail Mary...**
3. He withdrew from them and knelt down and prayed. (Lk. 22:41) - **Hail Mary...**
4. "Father, if it is possible, let this cup pass from me. Still, let it be as you would have it, not as I." (Mt. 26:39) - **Hail Mary...**
5. When he returned to his disciples, he found them asleep. He said to Peter, "So you could not stay awake with me for even an hour? Be on guard and pray that you may not undergo the test. The spirit is willing, but nature is weak." (Mt. 26: 40-42) - **Hail Mary...**
6. In his anguish, he prayed more earnestly. An angel appeared to him, coming from Heaven to give him strength. (Lk. 22: 44,43) - **Hail Mary...**
7. "The hour is on us when the Son of Man is to be handed over to the power of evil men." (Mt. 26:45)- **Hail Mary...**
8. While he was still speaking, Judas, one of the twelve, arrived accompanied by a great crowd with swords and clubs. (Mt. 26: 47) - **Hail Mary...**
9. He immediately went over to Jesus, said to him, "Peace, Rabbi," and embraced him. (Mt. 26: 49) - **Hail Mary...**
10. Jesus answered, "Friend, do what you are here for." At that moment they stepped forward to lay hand on Jesus and arrest Him. (Mt. 26: 50) - **Hail Mary...**

Glory be to the Father...

O My Jesus, forgive us our sins...

2nd Sorrowful Mystery—The Scourging at the Pillar and we pray for the fruit of the mystery—
the grace to mortify our senses perfectly



Our Father...

1. As soon as it was daybreak, the chief priests, with the elders and scribes, reached a decision. They bound Jesus, led him away, and handed him over to Pilate. Pilate interrogated him: "Are you the king of the Jews?" (Mk. 15: 1-2) - **Hail Mary...**

2. Jesus answered, "My Kingdom does not belong to this world"...At this, Pilate said to him, "So then you are a king?" Jesus replied, "It is you who say I am a king. The reason I was born, the reason why I came into the world is to testify to the truth. Anyone committed to the truth, hears my voice." (Jn. 18:36-37) - **Hail Mary...**

3. This much only will I say, "From now on, the Son of Man will have his seat at the right hand of the Power of God." (Lk. 22: 69) - **Hail Mary...**

4. "So you are the Son of God?" they asked in chorus. He answered, "It is you who say that I am." (Lk. 22: 70) - **Hail Mary...**

5. Pilate's next move was to take Jesus and have him scourged. (Jn. 19:1) - **Hail Mary...**

6. Despised and rejected by men, a man of sorrows. (Is. 53: 3) - **Hail Mary...**

7. And yet, ours were the sufferings he bore. (Is. 53: 4) - **Hail Mary...**

8. He was pierced through for our faults, crushed for our sins. (Is. 53: 5) - **Hail Mary...**

9. They blindfolded him, slapped him and then taunted him. (Lk. 23: 64) - **Hail Mary...**

10. And after he had Jesus scourged, Pilate handed him over to be crucified. (Mk. 15: 15) - **Hail Mary...**

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O My Jesus, forgive us our sins...

3rd Sorrowful Mystery—The Crowning with Thorns and we pray for the fruit of the mystery—
sorrow for the sin of pride



Our Father...

1. The soldiers now led Jesus away into the hall known as the Praetorium; at the time they assembled the whole cohort. (Mk. 15: 16) - **Hail Mary...**

2. They dressed him in royal purple, then wove a crown of thorns and put it on him. (Mk. 15: 17)
- **Hail Mary...**

3. They began to salute him, All hail! King of the Jews! (Mk. 15: 18) - **Hail Mary...**

4. Continually striking Jesus on the head with a reed and spitting at him, they genuflected before him and pretended to pay him homage. (Mk. 15: 19) - **Hail Mary...**

5. Pilate said to the crowd: "Observe what I do. I am going to bring him out to you to make you realize that I find no case against him." (Jn. 19: 4) - **Hail Mary...**

6. When Jesus came out wearing the crown of thorns and the purple cloak, Pilate said to them, "Look at the man!" (John 19: 5) - **Hail Mary...**

7. As soon as the chief priests and the temple guards saw him they shouted, "Crucify him! Crucify him!"(Jn. 19: 6) - **Hail Mary...**

8. "Why, what crime has he committed?" asked Pilate. They only shouted the louder, "Crucify him!"(Mk. 15: 14) - **Hail Mary...**

9. Pilate said to the Jews, "Look at your king!" (Jn. 19: 14) - **Hail Mary...**

10. In the end, Pilate handed Jesus over to be crucified. (Jn. 19: 16) - **Hail Mary...**

Glory be to the Father...

4th Sorrowful Mystery—The Carrying of the Cross and we pray for the fruit of the mystery—
the grace of patience



Our Father...

1. When they had finished making a fool of him, they stripped Jesus of the cloak, dressed him in his own clothes, and led him off to crucifixion. (Mt. 27: 31) - **Hail Mary...**
2. On their way out they met a Cyrenian named Simon. This man they pressed into service to carry the cross. (Mt. 27: 32) - **Hail Mary...**
3. A great crowd of people followed him, including women who beat their breasts and lamented over him. (Lk. 23: 27) - **Hail Mary...**
4. Jesus turned to them and said: "Daughters of Jerusalem, do not weep for me. Weep for yourselves and for your children." (Lk. 23: 28) - **Hail Mary...**
5. Two others who were criminals were led along with him to be crucified. (Lk. 23: 32) - **Hail Mary...**
6. Upon arriving at the site called Golgotha, (a name which means Skull Place), they gave him a drink of wine flavored with gall, which he tasted but refused to drink. (Mt. 27: 33-34) - **Hail Mary...**
7. When they had crucified him, they divided his clothes among them by casting lots; then they sat down there and kept watch over him. (Mt. 27: 35-36) - **Hail Mary...**
8. "Whoever wishes to be my follower must deny his very self." (Lk. 9: 23) - **Hail Mary...**
9. "He must take up his cross every day and follow in my steps." (Lk. 9: 23) - **Hail Mary...**
10. "Whoever would save his life will lose it, whoever loses his life for my sake, will save it." (Lk. 9: 24)- **Hail Mary...**

Glory be to the Father...

O My Jesus, forgive us our sins...

5th Sorrowful Mystery—The Crucifixion and we pray for the fruit of the mystery—
the grace of forgiveness



Our Father...

1. Jesus said, "Father, forgive them, they do not know what they are doing." (Lk. 23: 32) - **Hail Mary...**
2. One of the criminals said: "Jesus, remember me when you enter upon your reign." And Jesus replied, "I assure you; this day you will be with me in paradise." (Lk. 23: 42-43) - **Hail Mary...**
3. Seeing his mother there with the disciple whom he loved, Jesus said to his mother, "Woman, there is your son." (Jn. 19: 26) - **Hail Mary...**
4. In turn he said to the disciple, "There is your Mother." From that hour onward, the disciple took her into his care. (Jn. 19: 27) - **Hail Mary...**
5. Then toward mid-afternoon, Jesus cried out in a loud tone, "My God, my God, why have you forsaken me?" (Mt. 27: 46) - **Hail Mary...**
6. Jesus realizing that everything was now finished, said to fulfill the Scriptures, "I am thirsty." There was a jar there, full of common wine. They stuck a sponge soaked in this wine on a stick, and raised it to his lips. (Jn. 19: 28) - **Hail Mary...**
7. When Jesus took the wine, He said, "Now it is finished." (Jn. 19: 30) - **Hail Mary...**
8. Jesus uttered a loud cry and said, "Father, into your hands I commend my spirit." After he said this, he expired. (Lk. 23: 46) - **Hail Mary...**
9. Darkness came over the whole land until midafternoon with an eclipse of the sun. The curtain in the sanctuary was torn in two. (Lk. 23: 44-45) - **Hail Mary...**
10. They took Jesus' body, and in accordance with Jewish burial custom, bound it up in wrappings of cloth with perfumed oils. (Jn. 19: 40) - **Hail Mary...**

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