

## Looking for a Good Read? We've Got Suggestions!

Here are some titles that are recommended on the topics of infertility, Church teaching and NFP, and Catholic womanhood.

### Infertility

***The Infertility Companion for Catholics: Spiritual and Practical Support for Couples*** by Angelique Ruhi-Lopez and Carmen Santamaria - This is a wonderful new resource available for Catholics, and Carmen is a CCL Teacher in the Miami area!



### Church Teaching & NFP

***Adam and Eve After the Pill: Paradoxes of the Sexual Revolution*** by Mary Eberstadt - This book examines as no book has before the seismic social changes caused by the sexual revolution, and finds that sexual freedom has produced widespread discontent.

***Sex au Natural: What It Is and Why It's Good for Your Marriage*** by Patrick Coffin - Whether you are looking for ammo with which to defend and explain the teaching of *Humanae Vitae*, or if you reject it altogether, you'll find that Coffin approaches the topic from a wide array of new and persuasive angles.

### Especially for Women and Older Teen Girls

***Style, Sex, and Substance: 10 Catholic Women Consider the Things that Really Matter*** - Who is to say who the authentic Catholic woman is? Here is a fresh look at life from the perspective of ten Catholic women who live in the spotlight of the Internet - ten bloggers who keep it real every day with their personal posts relating their triumphs, trials, and temptations for all to see.

***Extreme Makeover: Women Transformed by Christ, Not Conformed to the Culture*** by Teresa Tomeo - A professional TV and radio journalist, Tomeo pulls together the latest research on social behavior and trends in order to demonstrate that women are harming themselves and their chances for true happiness by adopting the thoroughly modern, sexually liberated lifestyle portrayed in magazines and movies. Packed with not only persuasive statistics but also powerful personal testimonies, *Extreme Makeover* shows that it is not the slogans of the sexual revolution and the women's liberation movement that free and dignify women, but the beautiful teachings of the Catholic Church.

From Couple to Couple League

<http://ccli.org/>